

## Physical Education Policy

Date	Review Date	PE, Pastoral & Events Curriculum Team Leader
September 2017	September 2018	Mujibur Rahman

### Rationale

Physical Education (P.E.) supports the positive physical development and overall well-being of all children. At Buttercup Primary School, we deliver a broad and balanced Physical Education curriculum in a safe and supportive environment. We deliver structured P.E. lessons, make links to P.E. through other subject areas and offer a wide range of extra-curricular physical activities.

### Aims

- To ensure pupils appreciate the importance of a healthy and fit body and how to achieve this.
- To all children to participate in a variety of physical activities; some of which promote individual achievement and others which promote team work.
- To give children knowledge, skills and an understanding of movement.
- To encourage pupils to give their creative and expressive abilities physical form.
- To teach children to evaluate their own and others' work and to use these evaluations to further develop their own skills.

### Teaching Guidelines

At Buttercup Primary School, varied teaching approaches and specific learning objectives provide stimulating, enjoyable, satisfying and appropriately challenging learning experiences for all pupils. Through the selection of suitably differentiated and well-developed tasks, it is intended that pupils, irrespective of their innate ability, will enjoy success and be motivated to further develop their individual potential.

Pupils are expected to wear suitable clothing for all types of physical education.

### Curriculum Planning

This is organised in three stages:

#### Long Term Planning

This is based on the National Curriculum for physical education, which details what is to be taught over the Key Stages and provides the basis for planning physical education activities for each year group.

#### Medium Term Planning

This takes the long-term plan and organizes the teaching of Physical Education into termly or half-termly sections. The planning is more detailed and the objectives are more specific in nature.

#### Short Term Planning

Lessons are planned in detail and specific class objectives are set, in accordance with the needs of the pupils. Individual learning goals might also be set for pupils in some lessons.

### **Health and Safety**

In their planning of activities, teachers will anticipate likely safety issues. They will also explain the reasons for safety measures and discuss any implications with the children. Children are always encouraged to consider safety for themselves, others, the environment and the resources they use, when undertaking physical activities.

### **Monitoring and assessment**

The Physical Education curriculum is monitored on a regular basis by the coordinator.

P.E. assessments are informal, continuous and ongoing, and identify the needs of individual and groups of pupils. These assessments are used to inform future planning.

### **Special Educational Needs (SEN) and Additional Educational Needs (AEN)**

P.E. planning at Buttercup Primary School aims to meet the needs of all pupils. Differentiation will be by activity or outcome. Some children with Special Educational Needs may need additional equipment or adult support in lessons. Teachers consider this when planning. Children identified as Gifted and Talented in a particular area of P.E. are stretched and encouraged to develop their skills so that they can reach their full potential.

### **Equality Impact Assessment**

Under the Equality Act 2010 we have a duty not to discriminate against people on the basis of their age, disability, gender, gender identity, pregnancy or maternity, race, religion or belief and sexual orientation.

This policy has been equality impact assessed and we believe that it is in line with the Equality Act 2010 as it is fair, it does not prioritise or disadvantage any pupil and it helps to promote equality at this school.

### Monitoring the Effectiveness of the Policy

The practical application of this policy will be reviewed annually or when the need arises by the PE, Pastoral and Events curriculum team, the Head teacher and the Proprietor

### Linked Policies

▪ Health & Safety	▪ Medical & First Aid	▪ Asthma	
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<b>Headteacher:</b>	R begum		
<b>Proprietor</b>	N Rehman	<b>Date:</b>	